

Soup Schedule



Monday

Roasted Vegetable, VN VG DF GF
White Chicken Chili, GF
Broccoli Cheddar, GF VG
Chicken Kale Sweet Potato, GF

Tuesday

Lentil, VN VG DF
Thai Chicken with Red Curry, DF GF
Pasta e Fagioli
Macaroni & Cheese

Wednesday

Quinoa & Sweet Potato, VG DF GF
Chicken Stew, DF
Lasagna Soup
Butternut Squash & Apple, GF VG

Thursday

Tomato Garden Vegetable, VN VG DF GF
Beef Stew, DF GF
Hungarian Mushroom, GF
Caribbean Jerk Chicken, DF GF

Friday

Coconut Lentil, VN VG GF DF OG
Haddock Chowder
Chicken Vegetable Rice, DF GF
Chicken Corn Chowder, GF

Saturday

Three Bean Chili, VN VG DF GF
Chicken & Dumpling, DF
Macaroni & Cheese

Sunday

White Bean Escarole, VN VG DF GF
Turkey Chili with Beans, DF GF
Chicken Noodle, OG
Macaroni & Cheese

DF Dairy Free

GF Gluten Free

VG Vegetarian

VN Vegan

OG Organic

LF Low Fat



Menu Subject to Change