

Soup Schedule



Monday

Roasted Vegetable

VN VG DF GF

White Chicken Chili

GF

Friday

Haddock Chowder

Three Bean Chili

VN VG GF DF

Tuesday

Lentil

VN VG DF

Thai Chicken with Red Curry

DF GF

Saturday

Tomato Garden Vegetable

VN VG DF GF

Turkey Chili

DF GF

Wednesday

Quinoa & Sweet Potato Chili

VG DF GF

Chicken Stew

DF

Sunday

Coconut Lentil

VG VN GF DF OG HALAL

Chicken Kale & Sweet Potato

GF

Thursday

Beef Stew

DF GF

Broccoli Cheddar

VG GF

DF Dairy Free
GF Gluten Free
VG Vegetarian
VN Vegan
OG Organic



Menu Subject to Change